

**Food Fear Factor Program**  
**June 18<sup>th</sup> 6:30PM**  
**Atkinson Library**  
**Program Outline**

**I. Welcome and Introduction**

-Mention other summer YA programs at Atkinson  
(Introduce new Young Adult Librarian. Mention other YA SRPs at Atkinson)

**II. Purpose of Program**

-Designed program for young adults to have fun at their library during their summer. I would like to see an increase in program participation from the teens.  
-Use this program as an opportunity to meet other young adults.  
-Lastly, use this as a time to hang out with the cool teen librarian!

**III. Rules/Guidelines of Program**

-Verify that teens are registered for the program and that a permission slip has been properly signed and collected.  
-Ask one more time if anyone has any food allergies.

**Rules of the Game:**

1. Ingredients of food will not be given out until the end of the round.
2. Food cannot be eaten until I say go!
3. ALL food must be chewed and not swallowed.
4. Must show empty mouth to me so that I can verify that all food has been swallowed.
5. If you vomit or refuse to eat an item you may not advance to the next round. If you feel that you need to vomit then please do so in the garbage cans provided...or in the bathroom.
6. If no one can make it through the round then I have to eat one serving of what is being served.
7. There can only be one Food Fear Factor Champion. In the case of more than one person advancing through all levels there will be a tie breaker that will be determined by me. If no one makes it through to the final round, then the winner will be whoever made it to the highest round.
8. The winner will have bragging rights as Atkinson's 2007 Food Fear Factor Champion!

**IV. Crowning of 2007 Atkinson Food Fear Factor Champion**

## Food Fear Factor 2: The Rematch

### Appetizers

#### Jelly Eyeballs with BooBoo Fondue

(12 boiled eggs, coated in grape jelly-1 small jar, 1 small chocolate syrup)

### Beverage

#### Dirty Day Old Bath Water Smoothie Surprise

(12oz can frozen lemonade, 2-liter 7-UP, ½ gallon rainbow sherbert, melted kit kat bars-miniature)  
Thaw sherbert for 15 minutes and place in plastic tub. Add lemonade and 2 liters 7-Up.

### Sandwich

#### Mashed Mess Sandwich Supreme

(Mashed potatoes—have already, 1 can canned spinach, 1 small Italian dressing, 1 small ketchup, 1 small peanut butter)

### Main Dish

#### Creepy Casserole

(Layer bottom of casserole dish with bread, layer with French and Italian salad dressing, add boiled pasta, top with bread, add another layer of French and Italian salad dressing, top with lima beans, and mushrooms, add fake ants/spiders/bugs).

### Dessert

#### Veggie Cream a la MOLD

(chocolate ice cream, lima beans, beets, canned spinach, Redi-Whip)